



ETHAN ANGELL

CLASS OF 2021

STUDENT PROFILE

Hometown: Kernersville, NC

Career Aspirations: Physician

Professional School: UNC School of Medicine

What's been your favorite part of the journey to apply to professional schools?

The friendships made during the process. We go through the same classes, have similar experiences and are all there chasing our passion. Always is fun to talk to fellow applicants and hear about their journeys.

How did you prepare yourself for the process of applying to schools?

I listened to the Medschool Headquarters podcast and read Dr. Ryan Grays books about the application process early on. I also made sure to take my MCAT a few months before applying in order to have time to complete my primary application as well as receive feedback from the people I had proof-reading it.

What services or organizations would you recommend pre-professional students utilize?

Pre-Professional Advising Center, the Brody Ambassadors Mentorship Program, and the Career Services Center for interview prep.

What type of shadowing did you do?

I shadowed several specialties through ECU Health and around the Greenville area. I would continuously find opportunities to shadow as I find the different specialties extremely interesting.

How did you gain clinical experience?

I gained clinical experiences by working as a scribe, and volunteering with Railcare Health, Greenville Community Shelter Clinic, Pitt County Care Clinic, and Gnetiva Hopsice.

What were some of the challenges you came across when preparing to apply to schools (what was tougher than you expected)?

3 things. Getting all of the items together, obtaining too much feedback from people reading my application, and getting the secondaries in on time.

My advice is to have a check list of all the items you need, get feedback from 3-5 people you trust, and find secondary prompts online to pre-write secondaries before the due date sneaks up on you.

What advice would you give to students who are interested in professional schools? What do you wish you had known earlier?

I always advise people to keep a journal and write about your experiences/reflections on a regular basis in order to stay in touch with your reasons why you want to be a doctor. This will make it so much easier when writing your application and during interviews; because i promise you will be asked why you want to be a doctor.

What organizations were you involved in as an undergraduate student?

Railcare Health, Greenville Community Shelter Clinic, ekiM for Change, AED, Gentiva Hospice, Operation Smile, Pirate After School Scholars, and Pitt County Care Clinic

What type of volunteering did you do?

Volunteering with Railcare Health at the Greenville Community Shelter Clinic and Grentiva Hopsice. During my time in undergrad and post graduation, I was able to maintain leadership roles, working with patients and other pre-meds. I was able to gain alot of time with patients and make an impact in the community.

Did you do research? If so what was the topic?

I did biology research with Dr. Goodwillie, investigating the impact of enviromental changes and its effects on the plant called switchcane. I also worked as a research specialist at the Brody School of Medicine doing neuroscience research on drosophila (fruit flies). We investigated the epigenetic effects of diet and exercise on the dopiminergic pathway.

What was your most rewarding experience at ECU?

The most rewarding was joining Railcare Health and later becoming the Clinic Operations Director. Through this position I was able to turn my idea of mobile health testing into a reality as well as aid the Greenville Community Shelter Clinic with another mode of evaluating patients with our mobile clinic unit.

Any other advice, recommendations, suggestions, or comments?

Take the opportunities to gain all different kinds of expereinces, you never know what will peak your interest or be beneficial to you at a later time. Additionally, while you can get bogged down being a pre-med, don't forget to enjoy yourself and take time to keep your hobbies!