**Student Profile**

**Hometown:** Greenville, NC  
**Undergraduate Major:** BS Public Health, Pre-Health Concentration  
**Career Aspiration:** General Dentist  
**Professional School:** Case Western Reserve University School of Dental Medicine

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**What’s been your favorite part of the journey to apply to professional schools?**  
My favorite part of this journey was being able to volunteer in my community. I had the opportunity to meet many people and work with fellow peers in accomplishing the same goal.

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**What were some of the challenges you came across when preparing to apply to schools (what was tougher than you expected)?**  
My biggest challenge was probably filling out my AADSAS application. I did have to make a timeline of deadlines of when I was going to complete certain aspects of the application. I had to dedicated a lot of my time in answering the supplemental questions but more importantly writing my personal statement.

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**How did you prepare yourself for the process of applying to schools?**  
I reached out to my friends that had gone through this same process, asking for any advice or suggestions that they may have in regards to the application. I also contacted various dentist that I had shadowed in seeking advice on the various steps of the application.

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**Where are you going to school?**  
I will be attending Case Western Reserve University School of Dental Medicine this coming fall.

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**What organizations were you involved in as an undergraduate student?**  
Throughout my undergrad, I was part of the Jarvis Leadership Living Learning Community where I served as a mentor for two years, a member of Pre-Dental Honor society, as well an ECU Ambassador where I served as a mentor for two years.
What services or organizations would you recommend pre-professional students utilize?

I personally recommend meeting with Pre-Professional Advising Center. They have ample amounts of information regarding organizations and events that are related to your desired career that you can be a part of. In terms of wanting to attend dental school, I recommend being a part of Pre-Dental Honors Society. This is a great way to learn more about the profession and take part in any community service events.

Looking back, what advice would you give to students who are interested in professional schools? What do you wish you had known earlier?

Start getting involved early in different organizations and volunteering events. I started participating and building my resume towards the spring semester of sophomore year which was difficult managing all of my involvement but I got through it. Mainly, don’t try and do too much. Pick several organizations and volunteering events that you truly enjoy and are passionate about. It’s not just about making your resume look good, it’s about what you learn from it as a person and what you will carry on into your career.

What type of shadowing did you do?

I have shadowed at various dental offices throughout North Carolina. I shadowed General/Pediatric Dentists and Orthodontist in Rocky Mount, NC, Goldsboro, NC, and in Greenville, NC. All these experiences taught me valuable information about different forms of treatment, x-rays, working in rural vs. urban setting, and how to effectively communicate with children and infants.

What type of volunteering did you do?

Here at ECU my main source of volunteering was from being a member of Pre-Dental Honor Society and an ECU Ambassador. Through the Pre-Dental Honor Society, I had the opportunity to volunteer at multiple NC Dental MOM clinics where I got to assist dental students in providing treatment as well as working in the sterilization area. The ECU ambassadors has allowed me to volunteer with different civic leaders and fellow pirates at Athletic events, Open House, Admitted Student Day, and other big events throughout the Greenville community. In this organization, we consider the Ambassadors as one big family and this organization has truly allowed to me enjoy volunteering with my peers.

Did you do research? If so, what was the topic?

I did not do any research but I am open to the opportunity possibly in dental school.

What was your most rewarding experience at ECU?

My most rewarding experience is being able to be an ECU Pirate with my fellow peers. This university has a lot offer and has allowed me to be the leader I am today. This community is very special as I have met so many awesome people and made lifelong friends.

Any other advice, recommendations, suggestions, or comments?

Enjoy your time as an undergrad but make sure you have your career in-sight. Be open to new things and never be afraid to ask for help!