

# JUSTICE OBASOHAN

CLASS OF 2019

## STUDENT PROFILE

Hometown: Wallace, NC

**Undergraduate Major: Public Health Career Aspiration: Medical Doctor** 

**Professional School: UNC School of Medicine** 

#### Did you do research? If so what was the topic?

I got into research during my gap years (both clinical):

Predictive Genomics at National Institutes of Health (NIH)/National Human Genome Research Institute (NHGRI) and Public Health at ECU Department of Public Health

# Looking back, what advice would you give to students who are interested in professional schools? What do you wish you had known earlier?

Small, daily, and consistent efforts over time compound into radical outcomes

#### What type of shadowing did you do?

- **Orthopedics**
- Oncology
- **Infectious Diseases**
- Radiology
- ·Medical Intensive Care Unit
- ·Family Medicine
- ·Trauma
- ·Emergency Department
- Neurology
- ·Psychiatry
- Internal Medicine

Crazy list for someone who doesn't have a doctor as family or family friend, but summer enrichment programs! Make one connection and network!

#### What type of volunteering did you do?

Whatever the community needs! Most of my volunteering came through participation in organizations like ECU Ambassadors and ECU Basketball.

#### What's been your favorite part of the journey to apply to professional schools?

Interviews — I love connecting with people!

#### What was your most rewarding experience at ECU?

·Providing the extra attention a Latina lady needed for her research study visit because of a language barrier. Her representation was vital to me because I knew how many others like her benefit from research data that applies specifically to them.

#### How did you prepare yourself for the process of applying to schools?

After I finished planning long-term, I focused only on whatever action I was doing at the moment and not worrying about 10 steps down the line. I trained myself to find enjoyment in every step I was doing.

### What organizations were you involved in as an undergraduate student?

- ·ECU Men's Basketball
- ·ECU Student-Athlete Advisory Committee
- ·FCU Ambassadors

#### What services or organizations would you recommend pre-professional students utilize?

Trusted on-campus advisors (Thanks Ms. Bonner and Erica!)

**PPAC** 

Summer enrichment programs (at any school)

Seek advice from anyone who has a certain quality or result that you want for yourself and implement it

# What were some of the challenges you came across when preparing to apply to schools (what was tougher than you expected)?

Not only studying for the MCAT, but adapting my study strategy when one wasn't working.

### Any other advice, recommendations, suggestions, or comments?

- · Small, consistent, daily efforts! Things don't happen overnight
- · Apply for Summer enrichment programs at schools you want to attend
- · Happiness isn't only at the destination find it in the journey as well!